

Glenwood Figure Skating Club Announces
The Thirty-Fifth Annual Ladybug Competition
April 15, 16, 17, & 18, 2010
Sanctioned by United States Figure Skating

The Thirty-Fifth annual Ladybug Competition will be held at the Homewood-Flossmoor Ice Arena, 187th and Kedzie Avenue, Homewood, Illinois on Thursday, Friday, Saturday, and Sunday, April 15, 16, 17, & 18, 2010. There will also be a test session on Thursday, April 15th. This is open to all Ladybug competitors.

Eligibility: This is a non-qualifying competition and is open to all amateurs who are registered with United States Figure Skating for the 2009-2010 skating season. Skaters from foreign countries who are members in Good Standing of their respective federations are eligible. Events will be from Beginner thru Senior and Adult events. Competitors shall compete at their test level as of February 22, 2010 or one level higher than their moves or free skating test eligibility. Beginner thru Pre-Juvenile will be grouped according to age. Juvenile thru Senior will be randomly drawn/seeded per United States Figure Skating rulebook CR 12.90. Male competitors will be grouped with female competitors in Artistic, Compulsories, Spin Competition, Jumps, and all Adult Events. *All entries must be certified by a club officer.*

Fees and Entries: The entry fees for free skate, artistic, compulsories, spins, jumps, test track events and all Adult events are \$80 for the first event and \$25 for each additional event entered. Championship Events will also be offered from Juvenile through Senior levels. All competitors will skate both their short and long programs in the initial round except for Juveniles who will skate their Free Skate program only. If numbers warrant for final round, competitors will skate their long program only. Fees for the combined long and short program for Intermediate, Novice, Junior and Senior Championship Events are \$130 per competitor. Fees for the Juvenile Championship Event are \$90 per competitor. Juvenile skaters wishing to skate an Intermediate short program NOT in championship round may do so. (Check Juvenile short program on the application.) Fees for a pair event is \$80 per pair. **NO APPLICATION WILL BE ACCEPTED NOR WILL REFUNDS BE GIVEN AFTER FEBRUARY 22, 2010.** There will be a \$25 fee assessed for returned checks.

Facility: All events will be held at the Homewood Flossmoor Ice Arena. The H-F Ice Arena has seating for spectators and a concession stand will be open during the competition. The ice surface measures 200 X 85 feet with rounded corners.

Music: Music will be played from CD's and must be turned over to the registration desk when arriving. CD's must contain only one track, and be in a standard format. The skater's name and event should be clearly labeled. The Glenwood Figure Skating Club cannot accept responsibility for CD's. None will be mailed after the competition.

Awards: Medals will be given to the first four places in each group; except for Championship events where awards will be given to the first four places in the final round only. Each skater is responsible for picking up his/her own award.

Registration Desk: The registration desk, located in the lobby of the ice arena, will be open sixty minutes before the first event on Thursday and will open Friday through Sunday at approximately 6:30 AM. Skaters must check in at least one hour prior to their event.

Schedule of Events and Practice Ice: A request for practice ice is included with this announcement. Availability will depend upon the final schedule of the competition. The cost of practice ice is \$10 per session. "Walk-on" practice ice will be \$13 per session.

Judging: All Ladybug competitors from Beginner through Pre-Juvenile and those in Juvenile through Senior under the Test Track category, will be judged under the 6.0 system. All competitors competing in the Championship events, for Open Juvenile, Juvenile, Intermediate, Novice, Junior and Senior levels will be judged by the IJS judging system. **Please enter all planned program information on-line after March 30th and before April 10th.**

Video and Still Photos: Video and still photos will be available for purchase.

Inquiries: Inquiries may be made to May Wiza mayfsc@aol.com. A copy of this announcement, schedules and all competition information and changes can be viewed at www.gfsc.org.

**The Glenwood FSC reserves the right to limit entries or cancel events based on time restrictions.
Events with less than three (3) skaters will be cancelled.**

Free Skating

Beginner	No tests passed. Spins in an upright position. Jumps with not more than 1/2 rotation – salchow and toe-loops permitted. 1 ½ minute program.
Pre-Preliminary I	Passed Pre-Preliminary FS test. No Axels or double jumps permitted. Spins in any position. 1 ½ minute program.
Pre-Preliminary II	Passed Pre-Preliminary FS test. Axels permitted. No double jumps. 1 ½ minute program.
Preliminary	Passed Preliminary FS test. 1 ½ minute program.
Pre-Juvenile	Passed Pre-Juvenile FS test. 2 minute program. Age 12 and under.
Open Pre-Juvenile	Passed Pre-Juvenile FS test. 2 minute program. Age 13 and older.
Juvenile	Passed Juvenile FS test. Age 12 and under. 2 ¼ minute program.
Open Juvenile	Passed Juvenile FS test. Age 13 and older. 2 ¼ minute program.
Intermediate	Passed Intermediate FS test. 2 ½ minute program.
Novice	Passed Novice FS test. Ladies - 3 minutes, Men – 3 ½ minutes.
Junior Ladies	Passed Junior FS test. 3 ½ minute program.
Junior Men	Passed Junior FS test. 4 minute program
Senior Ladies	Passed Senior FS test. 4 minute program.
Senior Men	Passed Senior FS test. 4 ½ minute program.

Adult Free Skating

Adult Pre-Bronze	Must be age 21 or older. Music not to exceed 1:40. All single jumps except lutz and axel are allowed. Must have passed no higher than the adult pre-bronze FS test of Pre-Preliminary FS test.
Adult Bronze	Must be age 21 or older. Music not to exceed 1:40. No axels and no double jumps permitted.
Adult Silver	Must be age 21 or older. Music not to exceed 2:10. Competitors must have passed the Adult Bronze Free Skating Test. Axels permitted, but no double jumps permitted.
Adult Gold	Must be age 21 or older. Music not to exceed 2:40. Competitors must have passed the Adult Silver Free Skating Test but no higher than the Adult Gold or Intermediate Free Skating tests. Axels and double jumps permitted.
Adult Masters	Must be age 21 or older. Music not to exceed 3:40. Competitors must have passed the Intermediate Free Skating Test.

Adult levels may be combined due to limited entries.

Short Program

Juvenile Short	Required elements shall be skated as provided in 3671 of the USFS Rule Book
Intermediate Short	Required elements shall be skated as provided in 3671 of the USFS Rule Book
Novice Short	Required elements shall be skated as provided in 3661/3662 of the USFS Rule Book
Junior Short	Required elements shall be skated as provided in 3651/3652 of the USFS Rule Book Group B (2010-2011)
Senior Short	Required elements shall be skated as provided in 3641/3642 of the USFS Rule Book

Pairs

Preliminary	May not have passed more than the Preliminary Pair Test. 1.5 minute program
Pre-Juvenile	Must have passed the Preliminary Pair Test. 1.5 minute program
Juvenile	Must have passed the Juvenile Pair Test and no higher. 2.25 minute program
Open Juvenile	Same as above except one partner must have reached the age of 13.
Intermediate	Neither partner may be 16 years of age or older.
	Must have passed the Intermediate Pair Test and not reached the age of 15. 3 minute program

Test Track 2009-2010

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same non qualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- from EACH mark for each technical element included that is not permitted in the event description.
- from the technical mark for each extra or lacking element.
- for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Juvenile Test Time: 2:15 +/-10	Any single jumps and jump combinations with not more than 11/2 rotations. (Axel permitted). Maximum 6 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions on each foot). May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate Test Time: 2:30 +/-10	Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with at least one change of foot (Min 4 revolutions on each foot). May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/-10 Men 3:30 +/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies.	Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot). May include flying spins.	One step or spiral sequence (see rule 3660 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Test Time: Ladies 3:30 +/-10 Men 4:00 +/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip Jump combinations and sequences allowed. Maximum 8 jumping elements for men And 7 for ladies.	Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one combination spin consisting of all three positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/-10 Men 4:30 +/-10	At least four different double jumps One must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.	Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one spin combination consisting of all three positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).	Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

Compulsory Moves

Compulsory moves will be executed without music. SKATERS WILL BE PENALIZED FOR ADDITIONAL MOVES. Double jumps cannot be substituted for single jumps. An axel is considered a single jump. Combination jumps may not have a change of foot or turn in between jumps.

Beginner	Half Ice	One foot spin in upright position, waltz jump, half-flip, forward spiral. 1 minute or less.
Pre- Preliminary	Half Ice	Forward scratch spin (min. 3 rev.), loop, salchow, toe loop. 1 minute or less.
Preliminary	Half Ice	Sit spin (min. of 4 rev.), flip. Lutz-loop, loop jump. 1 minute or less.
Pre-Juvenile/ Open Pre-Juvenile	Half Ice	Sit or layback spin (min. 5 rev.), lutz jump, axel, combination of 2 single jumps – axel allowed. 1½ minutes or less.
Juvenile/ Open Juvenile	Full Ice	Double salchow, camel-sit spin with only one change of position and optional change of foot. (min. 4 rev. each pos), straight line footwork, 1 combination jump consisting of 1 double and 1 single jump. 1½ minutes or less.
Adult Pre-Bronze	Half Ice	One-foot spin (min. 3 rev.), waltz jump, toe-loop, half-flip. 1 minutes or less.
Adult Bronze	Half Ice	Sit spin (min. of 4 rev.), flip. Lutz-loop, loop jump. 1 minute or less.
Adult Silver	Half Ice	Camel spin (min. 4 rev.), lutz jump, split, stag or falling leaf jump, combination of 2 single jumps. 1½ minutes or less.
Adult Gold	Full Ice	Double salchow, camel-sit spin (min. 4 rev. Each pos), straight line footwork, 1 combination jump consisting of 1 double and 1 single jump. 1½ minutes or less.

Spins Competition

The spin competition is an event to encourage and reward good spins. Age and test requirements are the same as for freestyle. Preliminary through Intermediate levels will be skated on 1/2 ice surface, and Novice, Junior and Senior, will be skated on the full ice surface. There will be no music. Spins must be skated exactly as stated but may be skated in any order. Connecting footwork may be incorporated into your program but should be kept to a minimum and will not be judged.

Preliminary	One Foot Upright Spin: One Foot Back Spin: Sit Spin (3 revolutions minimum)
Pre-Juvenile	Camel spin: (3 rev. min.) Front Scratch to Back Scratch (exit on spinning foot - 4 rev. each foot): One combination Spin: Camel to Sit Spin (no change of foot) - 3 rev. in each position
Juvenile	Forward Sit Spin (4 rev. min.) Forward Camel Spin (4 rev. min.): One Combination Spin with one change of foot and one change of position. (4 rev. each foot)
Intermediate	Sit Spin to change foot Sit Spin (4 rev. each foot): Flying Camel (5 rev. min.): Spin Combination consisting of one change of foot and one change of position (4 rev. in each position)
Novice	Camel Spin to backward Camel Spin (5 rev. each foot each position): Camel, Sit OR Layback Spin (6 rev. min.): Combination spin with only one change of foot and at least one change of position. (5 rev. each foot)
Junior	Flying Camel Spin (8 rev. min.): Layback OR Cross foot Spin (8 rev. min.): Spin Combination consisting of three positions and one change of foot (6 rev. min.) each foot.
Senior	Flying Spin of choice (8 rev. min.): Spin combination consisting of two changes of foot and two positions (15 rev. total min.): Combination spin with at least one change of foot and variations of all 3 positions; sit, upright and camel. (6 rev. min. each foot)
Adult Bronze	One Foot Upright Spin: One Foot Back Spin: Sit Spin (3 revolutions minimum)
Adult Silver	Forward Sit Spin (4 rev. min.) Forward Camel Spin: (4 rev. min.) Camel to Sit Spin with no change of foot (3 rev. each position.)
Adult Gold	Layback Spin (4 rev. min.) Flying Camel Spin (4 rev. min.) One Combination Spin with one change of foot and one change of position. (4 rev. each foot)

Jumps

The jumps only event will be skated without music. The age and test requirements are the same as for Free Skate events. Skaters may skate up one level if they desire. Beginner through Juvenile level events will be skated on Half Ice. Jumps must be performed in the order listed. All jumps will be skated ONCE. An axel is considered a Single Jump.

Pre-Preliminary	1) Toe Loop Jump	2) Combination of any two single jumps (No Axel)
Preliminary	1) Flip of Lutz Jump	2) Combination of any single jump with a loop jump – Axel allowed
Pre-Juvenile/Open	1) Axel Jump	2) Any Double Jump
Juvenile/Open Juvenile	1) Axel Jump	2) Combination of any double jump with loop jump
Intermediate	1) Axel Jump 3) Combination of any two double jumps	2) Double Flip or Double Toe Jump
Novice	1) Double Loop 3) Combination of any two double jumps	2) Double Flip Jump
Junior	1) Double Loop 3) Combination of any two double jumps or tripe jump with double jump	2) Double Lutz Jump
Senior	1) Double Loop 3) Combination of any two double jumps or tripe jump with double jump	2) Double Lutz Jump
Adult	1) Flip or Lutz Jump	2) Combination of any single jump with loop jump (Axel OK)

Practice Ice Reservation Form

Practice Ice is available in 30-minute sessions at a cost of \$10 per session. Additional practice ice, if available, may be purchased at the registration desk. *CD's are not played on Practice Ice.*

Name _____ Phone (____) _____

Address _____ City _____ State _____

Event Entered _____ Level _____

Event Entered _____ Level _____

Event Entered _____ Level _____

I wish to reserve _____ sessions of Free Skating Ice. (Maximum of 2 per day)

Total Payment \$ _____ for Practice Ice reserved in advance.

Mail completed form and full payment with your competition application to:

**May Wiza
3134 Monterey
Flossmoor, IL 60422**